

Rockford East Rotary Club

Clock Tower Resort & Conference Center

7801 E. State Street, Rockford, IL 61108

January 12, 2010

www.rockfordeastroty.org

WE MISSED YOU!!

Mike Belk, Jerry Flaming, Gary Hamburg, Chuck Lindstrom,
Nicolas Meade, Marcia Mueller, Blas Serrano, Jack Ward

GUESTS

Tom Micetich – Havana, IL Rotary

ANNIVERSARY / BIRTHDAYS

Dee Premo – 20 years
Lynn Godina – 12 years
Mark Hutchinson – 2 years

COMING EVENT

1/19 – Business Meeting

1/26 - TBA

SPEAKER'S NOTES

Sue Fuller, with the Winnebago County Health Department spoke today. Coincidentally, it is National Influenza Vaccination Week. She reminded us all to get the shots to prevent the seasonal flu and the H1N1 pandemic flu. The pneumonia shot is also very important, since the flu can turn into pneumonia.

The three C's, Cover, Clean and Contain are essential to the spreading of this flu and of course all other diseases as well. Washing hands kills 60% of germs.

This H1N1 is different than other flu viruses because of the targeted ages affected. Children are the most susceptible to this current strain, and the elderly, whom are usually high risk, already have antibodies because most of us lived through the 1957 swine flu epidemic.



Sue Fuller

Next year the H1N1 vaccine will be included in the seasonal flu shot. The pandemic of the H1N1 flu is not as bad as once thought, largely because of the media attention it has received.

Illinois is one of the few states that has gone into the schools. This initiative has proven very successful. They are going back into the schools this month for the booster shot needed for children 9 years of age and under.

Chris Weber reported back from the District meeting that our club is very generous. Rockford East Cherry Valley gave an average of \$323 per member, where the overall average is \$30. We can be very proud of our accomplishment in this area as well as membership. We had the largest percentage of new members last year.

Friday 11:45 am DeSota House Hotel, Galena

Online Make-up at: www.rotaryclubone.org

THE FOUR WAY TEST

- First, is it the truth?
- Second, is it fair to all concerned?
- Third, will it build goodwill & better friendships?
- Fourth, will it be beneficial to all concerned?

Rotary International Motto

“Service Above Self”

The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- 1st - the development of acquaintance as an opportunity for service;
- 2nd - high ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society.
- 3rd - the application of the ideal of service in each Rotarian's personal, business, and community life
- 4th - the advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

The Four Avenues of Service

Based on the Object of Rotary, the four Avenues of Service are Rotary's philosophical cornerstone and the foundation on which Club activity is based:

- Club Service** focuses on strengthening fellowship and ensuring the effective functioning of the Club. The committee organizes social activities for the Club, maintains and order supplies, promotes Club involvement and friendships.
- Community Service** covers the projects and activities the Club undertakes to improve life in its community. The committee supports the effort of the Club to achieve community understanding by developing projects, assisting in community efforts and supporting the continued overall improvement of the community.
- International Service** encompasses actions taken to expand Rotary's humanitarian reach around the globe and to promote world understanding and peace. The committee raises money for the Rotary Foundation which supplements Club and District projects to improve the quality of life, provide health care, clean water, food, education and other essential needs primarily in underdeveloped nations.
- Vocational Service** encourages Rotarians to serve others through their vocations and to practice high ethical standards. The committee provides opportunities for members to learn more about other vocations through weekly guest speakers, member vocational talks and community service tours.

ROTARY MAKE-UP LOCATIONS:

Monday:	12:00 pm 05:45 pm	Four Seasons Banquets, Freeport Ellwood House, DeKalb
Tuesday:	12:00 pm 12:00 pm 12:10 pm	Loves Park Civic Center Rochelle Country Club Jimmy's Patio Grill, Harvard
Wed:	07:00 am 11:45 am 12:00 pm 12:00 pm 12:00 pm	Steam Factory, Belvidere Maxon's Manor, Oregon Stonewall Cafe, Pecatonica Carl's Fargo, Sycamore YMCA, Belvidere
Thursday	07:00 am 12:00 pm	Four Season Banquets, Freeport Memorial Hall, Rockford

OFFICERS & DIRECTORS 2009-2010

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- President - Scott Johnson
 - Vice President - Peg Wilkerson
 - Secretary - Lynn Godina
 - Treasurer - Chris Weber
 - Past President - Marsha Abramsom
 - Club Service - Dick Wang
 - Community Service - Tina Kirschman and Tracy Eastman
 - International Service - Jonathan

Whitlock

Vocational Service - Mark Hutchinson

Advisor - Craig Klaas

Historian and Ex Officio Advisor -
Don Johnson

**OFFICERS & DIRECTORS 2010-2011
(as of July 1, 2010)**

President - Peg Wilkerson

Vice President - Mark Hutchinson

Secretary - Lynn Godina

Treasurer - Chris Weber

Past President - Scott Johnson

Club Service - Dick Wang

Community Service - Tracy Eastman

Foundation Chair - Jonathan Whitlock

Vocational Service - Mike Belk

Club Advisor - Craig Klaas

Club Historian - Don Johnson